



A support group for people living in
Gamesley, Glossop and surrounding areas
With heart problems and for their carers &
families

When & Where do we meet?

The group meet on the 2rd Tuesday of each month at the Community Centre in Gamesley.

What happens at meetings?

Why not come along and find out more – we have visiting speakers to the meetings, advice on local health services and also it is an opportunity to meet and chat with people who understand.

New Members are Always Welcome

To find out more about the Healthy Heart Group please contact:
Gamesley Community Centre
Melandra Castle Road
Gamesley
Glossop SK13 6UQ
Tel 01457 869145
Email: lisaj@highpeak.gov.uk