



Sharing Good Practice Issue 13, 25th May 2009

Hello Everyone,

Welcome to the e-newsletter of High Peak Disability Sports Group. Through this newsletter we hope to keep people informed, share good practice and promote sport and physical activity opportunities for disabled people in the High Peak.

Please support our efforts by forwarding it on to your colleagues and friends or print off a copy of the attached word version for those without access to e-mail. For a hard copy of this newsletter contact Helen Ashworth <mailto:HelenA@highpeak.gov.uk>

To remove your name from the mailing list please e-mail <mailto:hpdsdg@btinternet.com>

In May's issue:

1. Positive Activities Glossop;
2. National Inclusive Fitness Week 2009;
3. National Pan Disability Boccia League 2009;
4. Paralympic World Cup 2009;
5. High Peak Sharks News;
6. Guide for Parents/Carers;
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1. Positive Activities Glossop

Saturday 6th June, 10am-3pm, Army Cadet Building and Red Gra, Fauvel Road, Glossop

Activities on offer include: face painting, trampolining, bouncycastle, orienteering, family jog, penalty shoot out, yoga, chair based exercise and many more.

The day is running as a celebration event to mark 25 years of national volunteering week and Glossop and Tameside Health Festival. There will be information available on health, wellbeing and lifestyle. There will also be a presentation by the mayor for local residents who have been involved in volunteering for 25 years - if you know anyone that fits this criteria please fwd all information on to Viv Whittaker at Glossop Volunteer Centre: viv@gvb.org.uk or contact (01457) 865722

The event has been supported by many partners and will be a fantastic opportunity to enjoy a day for free. There will be freebies available on the day including fruit, drinks and much more. Please let everyone know - it will be a great day out for all!!!

Each adult who attends will be entered into a raffle draw to win one of many health and fitness based prizes with a value of up to £250.

If you have any questions please contact Leanne on: (01457) 869145

2. National Inclusive Fitness Week 2009

Inclusive Fitness Week 2009 was celebrated at Buxton Community School from 11th-17th May. A successful Boccia session has prompted participants to plan the start up of a regular Boccia Club for Buxton. Anyone interested in being involved in the club should contact Alice Wright: alice.wright11@btinternet.com 07962 020748.

3. National Pan Disability Boccia League 2009

Glossop Gladiators, a team of Step 2 students who attend Glossop Day Services, have been invited to the North Play-Off to be held at Leeds University on Sunday 14th June. The top 6 teams on the day will go through to the National Final to be held in Nottingham on 11th July.

If you are interested in entering a team in the National League next year visit: http://www.cpsport.org/boccia/2009_10LeagueInfoandexpressions_interestform.pdf

4. Paralympic World Cup 2009

Step 2 students witnessed an exciting clash at the Paralympic World Cup in Manchester between women's basketball teams Great Britain and Mexico. Although Mexico were the eventual winners at 41:37, the students were thrilled to see Maddie Thompson from Hope Valley play for the British Team. Read about Maddie and the team at http://news.bbc.co.uk/sport1/hi/other_sports/disability_sport/8065282.stm

5 High Peak Sharks News

A team of 13 Sharks travelled to Swansea Stingrays 5th Open Disability Meet on 25th April. The swimmers all pulled out their best performances including 1st for Ellie Bamber and 2nd for Rebecca Sheldon in the 50metres breastroke, two 2nd places for Alan Bamber in the 50 metres backstroke and breastroke and an excellent 4th place for young Thomas Hand in the 50 metres breastroke.

Disappointed at the cancellation of the Melton Mowbray event Sharks have decided to host their own Inclusion Gala on Saturday 20th June at New Mills Leisure Centre and have invited a team from the University of Derby Buxton. They hope to make this an annual event.

6. Guide for Parents/Carers

Members of High Peak Disability Sports Group have produced a guide for people wanting to find out about disability sport in the High Peak area. The guide is currently being piloted through Chapel High School, the Youth Service and Fairplay and should be available in September.

6. High Peak Disability Sport Group next meeting

The next meeting will be held on Monday 14th September 2009 at 5pm at The University of Derby, Buxton, 1 Devonshire Road, Buxton, SK17 6RY, room DO/GO5.

Minutes of meetings and earlier issues of this newsletter can be accessed through a link on St. Philip Howard Sports College website: <http://www.st-philiphoward.derbyshire.sch.uk/index.php?id=494>