


About the charity...

Crossroads Derbyshire is a rural domestic abuse service based in the High Peak and Derbyshire Dales.

It also offers a specialised stalking advocacy service for medium and high risk non-domestic abuse cases throughout Derbyshire.



Follow us on social media:

 [facebook.com/CrossroadsDerbyshire](https://www.facebook.com/CrossroadsDerbyshire)

 [instagram.com/crossroads_derbyshire/](https://www.instagram.com/crossroads_derbyshire/)

Contact us on....

 **01457 856 675**

 **stalking@crossroadsderbyshire.org**

Registered Charity No. 1134679



It can be confusing to know when to reach out for help. You have the right to feel safe in your home, workplace or anywhere else. If you are experiencing repeated and unwanted contact either by phone, computer or in person, please contact your local police.

Stalking can be reported to Derbyshire Police via <https://www.derbyshire.police.uk/ro/report/ocr/af/how-to-report-a-crime/> or call 101 to speak to an operator.

If at any point you are feeling frightened or being threatened by a stalker or if you or someone else is in immediate danger call 999.

You can also get advice from the National Stalking Helpline on 0808 802 0300



Crossroads
DERBYSHIRE

With you through domestic abuse



Stalking Advocacy Service

Specialised stalking advocacy support for medium and high risk non-domestic stalking cases.

www.crossroadsderbyshire.org/stalking

What is Stalking?

Stalking is a pattern of fixated, obsessive and unwanted behaviour which is repeated and persistent, and causes you to feel alarm and distress, and/or fear violence.

Stalking behaviours can include:

- Repeated and unwanted contact; by phone, text, online or in person
- Turning up at your home, workplace or other places you regularly frequent
- Sending unwanted gifts - even if such gifts seem like 'nice' gestures i.e. flowers or have a significant meaning to you.
- Making contact with friends, family, colleagues or employers
- Damaging or stealing property
- Using threats or coercion to get you to respond or meet up
- Repeatedly breaching any orders that have been put in place to protect you from them

What if I'm being stalked?



Stalking is REAL...

REPORT - report the stalking behaviour to the police as early as possible and continue to report every incident of stalking/unwanted contact. Ensure you get a crime reference or occurrence number from the police and use this each time you make a new report. See below for details of different ways to contact the police.

EVIDENCE - keep any evidence you may have such as any gifts or items that have been sent, any texts/call logs/emails, any CCTV, dashcam or doorbell camera footage etc.

ADVICE - reach out to specialist stalking services to get good practical advice. See below for details of different organisations that can help.

LOG - keep a diary or log of all incidents, no matter how small you feel these are. It is also important to record the impact that stalking is having on your day-to-day life.

What can we do to help?

Crossroads Derbyshire offer specialised stalking advocacy support for medium and high-risk non-domestic stalking cases within Derbyshire (except Derby City). Referrals can be made to us by the police or a professional.

Once we have received your referral, our specialist stalking advocate can offer support around:

- Advocacy with the Police and Criminal Justice System
- Safety and support planning
- Emotional support around the impact of stalking
- Understanding and identifying stalking behaviours