

Support with the Cost of Living

If you're worried about the cost of living rise there's help and support available locally.

This leaflet has information about some of the key support available across Derbyshire.

You can also find more advice and information at www.derbyshire.gov.uk/costofliving and also at www.ruralactionderbyshire.org.uk/foodbanks



Don't miss out. Visit:
www.derbyshire.gov.uk/costofliving

HELPING YOU TO
CLAIM YOUR ENTITLEMENT

Free school meals

If you have children then they might be eligible for free school meals up to the age of 18. To find out more visit www.derbyshire.gov.uk/freeschoolmeals

Healthy Start Scheme

If you're more than 10 weeks pregnant - or have a child aged under four - you may be able to get help to buy healthy food and milk with the NHS Healthy Start Scheme. Find out more here: www.healthystart.nhs.uk

Free childcare for two, three and four-year-olds

If you have younger children then you might be eligible for up to 30 hours of free childcare a week dependant on your circumstances.

Find out more here: www.derbyshire.gov.uk/childcarecosts

Lowering energy use

Energy costs are rising rapidly. While we can't reduce the price of energy we can help you reduce the amount you use, to help lower your bills. Find out more here: www.derbyshire.gov.uk/energygrants. For support with energy bills you can call Marches Energy Agency on **0800 677 1332**.

Cost of Living support

Find out about national support at: costoflivingsupport.campaign.gov.uk

Borrowing and saving

You can get information about lower cost alternatives to pay day loans, savings and community banks at www.derbyshire.gov.uk/savingsandcredit

Household Support Fund

The household support fund (HSF) is available to help Derbyshire residents facing financial hardship. Find out more about the HSF and other support at www.derbyshire.gov.uk/householdsupportfund or call **01629 533399**.

Benefits check up

You could be missing out on benefits that you're entitled to.

We can carry out a benefits check for you. Find out more at:

www.derbyshire.gov.uk/welfarebenefits



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